

Maplewood Swim Club Rules & Regulations

A. Regular Club Hours

1. Weather permitting the Club is open daily to the general membership and Member's guests between the hours of Noon and 9:00 pm. Exceptions to these hours of operation are made for special events, such as swim meets, social events, etc... Members are advised to review the calendar of events that is mailed to each Member and/or notices posted on the Club's bulletin boards for specific dates and times involved.
2. The pool and/or club may be temporarily closed or the hours of operation changed when the Manager, Assistant Manager, President or Chair of the Operating Committee determines at their discretion that circumstances or conditions warrant the change.
3. The Club opens Memorial Day weekend and is open for weekends in early June. Beginning in mid-June the Club is open daily until Labor Day. The Board of Directors will decide in late August whether the Club's financial and personnel circumstances will permit the Club to be open for an additional period of time after Labor Day.

B. Entrance into the Club

1. All categories of Members must give their Membership Card to the Staff Member at the entry gate in order to gain entrance into the Club. The Membership Card will be returned to the Member when leaving the Club. Each Member needs to know their bond number to retrieve their Membership Card when leaving the Club. The Club is NOT RESPONSIBLE for Membership Cards left in the entry gate after the Member has left the Club.
2. An adult or child (member or guest) who is 12 or older may enter the Club and use all areas of the pool.
3. A Child Member and/or Member's guest who is 10 or 11 years of age may enter the Club without supervising Adult Member ONLY if the child has achieved a HIGH BAND (see Section G below).
4. A Child Member or Member's guest who is under the age of 10, or under the age of 12 without a High Band, may only enter the Club when the child is under the direct supervision of an Adult Member or a Child Member who is both at least 14 years of age and designated by the child's parent to care for no more than two (2) children.

B. Entrance into the Club (cont.)

5. Members who have lost or forgotten their Membership Card must see the Manager or Assistant Manager. There will be a charge for replacing lost cards. The Manager may also charge a fee for Members who repeatedly forget their card.

C. Guests

1. Only Adult Members and Child Members who are 14 years of age or older may bring a guest, of any age, into the Club without restrictions. A Child Member who is at least 12 years of age may also bring a guest, however the guest must also be at least 12 years of age.
2. The Member must register the Guest at the entry gate and that Member is fully responsible for the guest. The guest may remain in the Club as long as the Member is present in the Club.
3. The guest is permitted to leave and re-enter the Club on the day of their visit.
4. The guest fees are determined by the Board of Directors and published annually.
5. Guests admitted after 5:00 p.m. will be at one-half the applicable daily rate.
6. No guest fee is charged for children under 3 years of age or for anyone who does not intend to use the pool or recreational facilities.

D. Health and Safety Standards

1. No glass or breakable containers are allowed anywhere on the Club's property.
2. No form of alcoholic beverage is permitted on the Club's property when the Club is open to the general membership.
3. Persons who are believed to be under the influence of alcoholic beverages, other substance, or otherwise determined to be a risk or nuisance to others will be denied entrance to the Club or required to immediately leave the Club's property.

D. Health and Safety Standards (cont.)

4. Persons engaged in any form of disruptive behavior including but not limited to fighting, profanity, indecent behavior, yelling, and/or abusive conduct will be required to immediately leave the Club's property.
5. All accidents and or injuries must be reported to the Manager or Assistant Manager.
6. No pets of any type are permitted on the Club's property.
7. All bathers are encouraged to shower before using the pool.
8. All bathers should wash or remove any grass, sand, wood chips, etc...from their bodies before using the pool.
9. Parents of children who may not yet be "potty trained" must take extraordinary precautions to ensure that diapers and protective pants prevent any possibility of excrement from being deposited in the pool. This is a very serious matter and any mishap could cause the pool to be closed until it is chemically treated, tested, and determined to be safe for use. In the event that human excrement (feces) is deposited in the pool, it is essential that the feces be removed from the pool immediately and intact. Simultaneously the Pool Staff must be informed of the condition.
10. Running, pushing, wrestling, or causing a disturbance on or near the Pool Deck, Steps, Walkways, Snack Bar or Rest Rooms is never permitted.
11. Eating or drinking is not permitted on the Pool Deck except in the Table Area directly in front of the Snack Bar.
12. Smoking by Member and Guests is permitted on the lawn areas around the pool; however, smoking is not permitted in the Snack Bar, Rest Rooms, Office, Mechanical Room, or on the Pool Deck. Smokers must use an ash can or other safe receptacle. Special precautions must be taken by the smoker to avoid any adverse effect, discomfort or inconvenience on another Member or Guest as it relates to smoking or smoke.

E. General Standards

1. Members are encouraged to use the picnic grove area for meals and/or large groups.
2. The Snack Bar and Outdoor Tables are designed for Members who buy a meal, beverage, and/or snack from the Snack Bar. The reserving or holding of tables in the Snack Bar is not permitted.
3. All Members and Guests are expected to adhere to a standard of attire that is consistent both the "family orientation" of the Club and the generally accepted standards of the community.
4. Members may bring a limited amount of folding lawn and/or beach chairs to the Club and leave these chairs for the season. The chairs must be labeled with the members name and must be properly stored each evening along the fence or in the storage rack which is adjacent to the Snack Bar. Members with infant children may also leave playpens provided they are properly stored with the chairs.
5. The Club has no responsibility for any loss or damage to any item left in the Club. Each member must remove any personal items from the Club at the close of the season.
6. Chairs, towels, or blankets may not obstruct the Pool Deck.
7. Motorist must drive cautiously in both the parking lot and the entrance road. Parking is never permitted in the Fire Lane directly in front of the Club Building.
8. All trash and recyclables must be properly deposited in the receptacles provided. Tables should be wiped clean after use.

F. Use of the Pool and Water Safety

1. The Baby Pool is for children who are five (5) and under. Children using this pool must be supervised by an adult or a child who is fourteen (14) or older. This pool is for children who are very young and/or not yet able to use the shallow (Instructional) area of the large pool; therefore children using the Baby Pool may not engage in rough activity (i.e. splashing, running, jumping, wrestling, etc...) that may be a risk to the very small children and infants who use this pool.

F. Use of the Pool and Water Safety (cont.)

2. Instructional Area/shallow end (2 to 3 feet deep). Children and adults may use this area; no special swimming test or band is required to use this section of the pool. However, appropriate caution and adult supervision is required for young children and/or children without basic swimming skills. Diving into the Instructional Area (2 to 3 feet) is never permitted.
3. Swimming Area/main pool (3 to 5 feet deep). The Swimming Area are open to adults, children 12 and older, and younger children whose swimming skills have been evaluated as being at least "Low Band" level (see Section G). When lane lines have been installed, only swimmers who are swimming laps may enter or use the swimming lane(s). Persons diving off the side must be extremely cautious both in terms of their own safety and other swimmers in the pool. Diving from the three (3) foot side of the pool is prohibited.
4. Diving Area (5 to 12 feet deep). The Diving Area are open to adults, children 12 and older, and younger children whose swimming skills have been evaluated as being at the "High Band" level (see Section G). Only one diver may be on a diving board at a time. Excessive bouncing or any form of "horseplay" on the diving board is prohibited. Once the diver enters the water, he/she must swim to the closest ladder and promptly exit the pool. The next diver may only start his/her dive once the previous diver has left the water.
5. General Standards for Pool Use
 - a. A lifeguard must be on the guard stand before anyone may enter the water
 - b. Lifeguards on duty must focus their total attention on the persons using the pool(s); therefore, talking to the guards or congregating at the base of the guard stands or in any way distracting the guards from their duties is prohibited.
 - c. The use of floats or rafts is not permitted when the pool is open for general use. The Manager or Board of Directors may designate special activity periods when these items may be used.
 - d. Small plastic or rubber toys may be used in the Baby Pool but parents should remove and store these items when their child leaves the Baby Pool.

F. Use of the Pool and Water Safety (cont.)

- e. Personal flotation devices designed to assist young swimmers in developing their swimming skills may be used in the Instructional Area (shallow end) of the pool provided that a parent or adult supervises the child. The Manager, Assistant Manager, or Lifeguard may restrict or prohibit a child from using such a device, at their sole discretion, if they believe the child is at risk and/or not being properly supervised. The Manager may also restrict or prohibit the use of devices when he/she determines that the heavy use of the pool warrants such action.
- f. The Manager, Assistant Manager, or Lifeguard may restrict the use of any device or toy in the pool when they believe, at their sole discretion, that the item is either a safety risk or a disturbance to the other swimmers.
- g. The Manager or Assistant Manager may restrict the use of the pool for special activities. For example: Adult swims, when only adults over the age of sixteen (16) are permitted to use the pool. Adult swims are generally for fifteen (15) minute periods when there is heavy use of the pool. Children are restricted from using any part of the pool unless the child is in the arms of an adult.

G. Band Levels (Children under the age of twelve)

1. The testing of children's swimming ability and the identification bands for children is a strategy for child safety in the pool.
2. **LOW BAND** – Swimmers must demonstrate that they are able to swim two (2) lengths of the pool unaided and without resting. One length must be a crawl (freestyle) stroke and the second a backstroke. In addition, the swimmer must tread water for two (2) minutes. The LOW BAND swimming level is required for entry into the Swimming Area /main pool (3 to 5 feet deep) of the pool.
3. **HIGH BAND** – Swimmers must demonstrate that they are able to swim three (3) lengths of the pool unaided and without resting. One length must be a crawl (freestyle) stroke; the second a backstroke and the third lap can be any stroke. In addition, the swimmer must tread water for three (3) minutes and demonstrate that they can dive from the board and swim to the ladder. The HIGH BAND swimming level qualifies the swimmer to use the Diving Area and all other areas of the pool.

G. Band Levels (cont.)

4. Lost bands can be replaced. The parent or guardian of the child who has lost the band should see the Manager or Assistant Manager; there is a fee for the replacement. The fee is refunded if/when the band is returned to the Manager or Assistant Manager.
5. The exchanging or lending of bands is prohibited. Violations will result in disciplinary action.
6. Any child who is not wearing a band and is eleven (11) or under is restricted to using the Instructional Area/shallow end (2 to 3 feet deep).
7. At the Manager or Assistant Manager's sole discretion, a child may be required to retake the Band Level Test.

H. Management of the Club

1. The Manager with the Assistant Manager is responsible for all aspects of the daily operation of the Club. All employees and vendors involved with the entry gate, the pool, and the maintenance of the buildings and grounds report to the Club Manager. The Manager reports to the Chair of the Club's Operations Committee or their delegate (Chair of Human Resources).
2. The Head Swim Coach with the Assistant Coach(s) is responsible for all of the Swim Team Program. The Head Diving Coach is responsible for all aspects of the Diving Team Program. Both Head Coaches report to the Chair of the Club's Swim & Dive Committee.
3. The Manager of the Snack Bar, with the assistants, is responsible for the daily operations of the Club's food service. The Manager reports to the Chair of the Club's Snack bar Committee.

I. Revisions

1. The Board of Directors can make revision and/or additions to the Rules and Regulations at any time. Revision or additions will be posted on the Club's bulletin board.